

Feelings and emotions vocabulary



Adjectives	Synonyms	Examples
Expressing happiness		
happy	satisfied	He was happy with the gift.
excited	thrilled	Are you excited to go to Paris?
ecstatic	overjoyed	I'm overjoyed that she is getting married.
euphoric	delighted	She was euphoric to receive the award.
Expressing sadness		
sad	unhappy	I'm sad to see you go.
upset	sad	Are you still upset about what I said?
heartsick	heartbroken	She was heartsick when he left her.
down	low	I'm feeling down right now.
Expressing fear		
terrified	petrified	The thought of being poor terrified her.
scared	afraid	I'm scared of dogs.
frightened	horrified	I was frightened by a snake.
worried	concerned	I was worried about you.