

Week names in English

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Week names	Day name	Abbreviation	Notes
Weekdays	Monday	Mon.	First day of the workweek in many countries.
	Tuesday	Tue.	Named after the Norse god Tiw.
	Wednesday	Wed.	Sometimes called "hump day" as it's midweek.
	Thursday	Thu.	Named after the Norse god Thor.
	Friday	Fri.	Often considered the end of the workweek.
Weekend	Saturday	Sat.	Traditionally a rest or leisure day.
	Sunday	Sun.	In many cultures, it's a religious or family day.